

Chicago Bultasa 2010 Summer Temple Stay Program Schedule

	9th (Monday)	10th (Tuesday)	11th (Wednesday)	12th (Thursday)	13th (Friday)	
5:30am		Wake Up	Wake Up	Wake Up	Wake Up	
6:00am		Dawn Service	Dawn Service	Dawn Service	Dawn Service	
7:00am		Breakfast	Breakfast	Breakfast	Breakfast	
8:00am		Meditation on Love, Thoughtfulness and Compassion to Understand the Doctrine of Buddhism	Chanting Mantra to Strengthen Energy Concentration of Spirit & Healing	Mindfulness Exercise	108 Bows	
					Chanting	
9:00am					Meditation	
					Dharma Talk	
10:00am						
11:00am				Mindfulness Exercise		
				Pack & Clean Up		
12:00pm						
1:00pm	Check-in & Registration	Lunch	Lunch	Lunch	Lunch	
2:00pm		Meditation on Love, Thoughtfulness and Compassion to Understand the Doctrine of Buddhism	Chanting Mantra to Strengthen Energy Concentration of Spirit & Healing	Mindfulness Exercise	Closing Ceremony Participants' Remarks	
3:00pm	Opening Ceremony					
4:00pm	Reciting YeBulMoon & BanYaSimKyung					
5:00pm						
6:00pm	Dinner	Dinner	Dinner	Dinner	OPTIONAL: Chicago City Tour	
7:00pm	Evening Service & Dahrma Talk	Continue on Meditation	Continue on Chanting Mantra	Social Hours:Tea, Talk & Talent Show		
8:00pm	Discussion on Students' concerns & interests	Sharing	Sharing			
9:00pm	108 Bows	108 Bows	108 Bows	108 Bows		
10:00pm	Sleep	Sleep	Sleep	Sleep		
<div>Extended Stay : August 14 (Saturday) - August 15 (Sunday)</div> <div>No Program offered but you can stay longer at the temple.</div> <div>Sunday Service:10:20am - 12:00pm</div>						
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